

RESIDENT IN CLINICAL PSYCHOLOGY SUPERVISORY CONTRACT

This **supervisory contract** is meant to outline the expectations and responsibilities of the supervisor and resident in accordance with the regulations of the Virginia Board of Psychology Regulations Governing the Practice of Psychology between _____, supervisor, and _____, resident in clinical psychology, effective _____.

Resident's Worksite:

List business name(s) and address(es) where the resident will be practicing clinical psychology under the supervision of the above-named supervisor as they are working toward becoming a Licensed Clinical Psychologist.

Purpose of Supervision:

The primary purpose of supervision is to ensure the welfare of the resident's clients and to promote the resident's professional development and competency. Supervision is defined as the *ongoing process performed by a supervisor who monitors the performance of the person supervised and provides regular, documented individual consultation, guidance, and instruction with respect to the skills and competencies of the person supervised.*

Expectations of Supervisor and Resident

The supervisor and resident agree to meet for supervision for at least two hours of individual supervision per 40 hours of supervised experience. Group supervision of up to five residents may be substituted for one of the two hours on the basis that two hours of group supervision equals one hour of individual supervision, but in no case shall the resident receive less than one hour of individual supervision per 40 hours as required in 18VAC125-20-60. The form and content of the supervision will be mutually determined by the supervisor and resident and may include the following:

- Developing supervision plan and schedule
- Reviewing client presenting complaints and treatment plans
- Reviewing videotapes of resident in psychology treatment sessions
- Reviewing client progress
- Providing feedback on resident's skills, diagnosis, interventions, and treatments
- Reviewing resident's documentation
- Discussing ethical dilemmas and relevant guidelines
- Intervening when client welfare is at risk
- Maintaining weekly supervision case notes and plans
- Reviewing supervisory relationship and making changes as necessary

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Professional Goals:

- 1) _____

- 2) _____

- 3) _____

Responsibilities of the Supervisor:

1. The supervisor must meet the qualifications as outlined in 18VAC125-20-65(6) and maintain a current unrestricted license for the duration of the supervision.
2. The supervisor shall monitor the performance of the person supervised and provide regular, documented individual (possibly in conjunction with group) supervision according to the schedule specified in this document that is specific to practice of clinical psychology being performed with respect to the clinical skills and competencies of the person supervised in accordance with Regulations Governing the Practice of Psychology.
3. The supervisor must avoid multiple relationships that could compromise the objectivity of the supervisory relationship with the resident.
4. The supervisor shall assume full responsibility for the professional clinical activities of that resident specified within the supervisory contract for the duration of the supervised experience or until terminated.
5. The supervisor will document the resident's total hours of supervision, length of work experience, competence in the practice of clinical psychology, and the needs for additional supervision or training.
6. The supervisor will provide a written evaluation with the total hours of supervised experience and will evaluate the resident's competency and performance by completing the verification of post-degree supervision form.
7. The supervisor will provide supervision as defined in 18VAC125-20-65.
8. The supervisor will ensure that the resident is practicing within the scope of the resident's knowledge and training.
9. The supervisor will ensure the resident has read and is knowledgeable about the state and federal laws related to reporting requirements and emergency procedures for high risk or abused clients, as well as confidentiality and privileged communication.
10. The supervisor will, within a reasonable period of time before termination of supervision, provide the resident and employer with a notice of termination to avoid or minimize any harmful effect on the resident's clients or patients.
11. The supervisor will conduct supervision as a process distinct from personal therapy or didactic instruction.
12. The supervisor will not provide supervision for activities for which the prospective applicant has not had appropriate training.
13. The supervisor will not provide supervision for activities beyond the supervisor's demonstrable areas of competence.

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14. The supervisor will be available outside of scheduled supervision for consultation and/or emergency situations. The supervisor will ensure that both the resident and supervisor have all necessary contact information for one another to be able to contact each other immediately should any client emergency arise.
15. The supervisor will immediately report to the Board any violations of the regulations or law.
16. The supervisor will remain up-to-date on the changes related to the Regulations Governing the Practice of Psychology.

Responsibilities of the Resident in Psychology:

1. The resident must attest to reading, understanding, and intending to comply with the Regulations Governing the Practice of Psychology.
2. The resident must be approved to start their residency prior to counting hours toward licensure.
3. The resident will participate in supervision with a goal of increasing competency in clinical practice and attend supervision on the agreed upon basis.
4. The resident will be prepared to discuss with the supervisor the diagnosis/case conceptualization and treatment of each client as well as problems in the resident's clinical milieu.
5. The resident will avoid engaging in activity for which the resident lacks competency, training, education, supervision and that may compromise client safety and well-being.
6. The resident will remain up-to-date on the changes related to the Regulations Governing the Practice of Psychology.
7. The resident will reach out to the supervisor outside of scheduled supervision to consult or in emergency situations, as needed.
8. The resident will ensure that supervision occurs a minimum of two times per 40 hours of supervised experience.
9. Residents must not refer to or identify themselves as clinical psychologists, independently solicit clients, bill directly for services, or in any way represent themselves as licensed psychologists.
10. During the residency period, residents must use their names, the initials of their degree, and the title "Resident in Clinical Psychology" in the licensure category in which licensure is sought.

Compensation:

In exchange for supervisor's time, expertise, and licensure, the Supervisor will be compensated \$_____ per one hour of in-person individual supervision and \$_____ per hour of group supervision provided, payable according to the following terms:

_____.

Emergency Procedure:

In case of an emergency, we have discussed and agreed upon the following procedure:

Duration and Termination:

Contact Information:

Additional Provisions, Agreements and/or Clarifications:

Resident	Date
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Supervisor _____
Date _____